

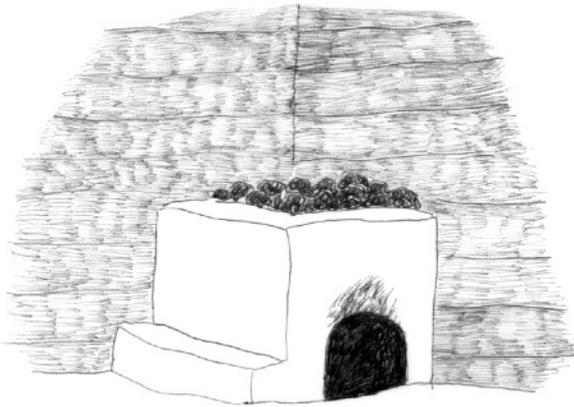
BATHING TOGETHER IS THE OPPOSITE OF WARFARE

*FESTIVAL 2020 WORKSHOP
ECOLE D'ARCHITECTURE DE LA VILLE ET
DES TERRITOIRES DE PARIS-EST
7-14 FÉVIER*

Program: During four days we will build all the infrastructure and tools for a archetypal sweat bath. The workshop ends with a day of washing and bathing, of discussion and quiet, of drinking and eating. Language : English

Materials: bricks, stones, clay, mortar, wood, fabric, water and food.

Participants: maximum 15 students



PROCESS:

- **TO DRAW A BOUNDARY AND ESTABLISH RULES AND ETIQUETTE**
- **TO ERECT THREE STOVES
ONE TO HEAT STONES
A SECOND TO HEAT WATER
A THIRD TO PREPARE A MEAL**
- **TO CREATE PARTITIONS, PLATFORMS AND FRAMES**
- **TO SEW A TENT**
- **TO CLEAN OUR BODIES AND SPIRITS:**

WE BEGIN BY BUILDING A PERFECT FIRE UNDER A PILE OF DEEP-EARTH ROCK.

FIRING THE ROCKS SO THAT THEY START GLOWING INCANDESCENT.

PITCHING THE TENT, WE MAKE AN ENCLOSURE AROUND OURSELVES AND THIS SOURCE OF TRAPPED HEAT, POURING OFFERINGS OF PURE WATER ONTO THE HOT STONES.

AS THE STOVE ANSWERS WITH A DEEP HISS, IT CREATES A CLOUD OF VAPOR. WE ARE ENVELOPED BY ITS HEAT AND POWER. ABSORBING IT.

THIS FEVER WE INDUCED INTO OUR BODIES METABOLISES, TRANSFORMS, RENEWS THEM.

STEAMING, WE EMERGE OUT OF OUR TEMPLE OF SWEAT.

AFTER THE STEAM BATH WE WASH OURSELVES, REST IN QUIET, QUENCH OUR THIRST, FULFILL OUR APPETITES AND SLEEP, DREAMING OF OUR NEW LIFE IN A RENEWED WORLD.

THE MOST CIVILISED THING HUMANS ARE CAPABLE OF IS THE ACT OF BATHING TOGETHER – IT IS THE OPPOSITE OF WARFARE.